

Proclamation



The Corporation of The Town of Amherstburg

“March ~ Nutrition Month”

WHEREAS the goal of National Nutrition Month in Windsor and Essex County is to promote nutrition as an effective strategy to improve the health and well-being of the community;

AND WHEREAS Nutrition-related health promotion and policy development are essential to addressing the high prevalence of overweight and obese people in Windsor-Essex County; Sixty-one per cent of Windsor-Essex residents over 18 years of age reported being overweight or obese, higher than the provincial average of 52% (Statistics Canada, 2011);

AND WHEREAS Nutrition-related health promotion and policy development are essential to addressing less than ideal consumption of vegetables and fruit among Windsor-Essex County residents; Only 36% of those living in Windsor-Essex County reported eating vegetables or fruit five or more times per day. This is the second lowest in the province (Statistics Canada, 2011);

AND WHEREAS To celebrate National Nutrition Month, the Registered Dietitians of Windsor-Essex County will lead an annual campaign focused on the nutrition-related needs of the community.

NOW, THEREFORE I, Mayor Wayne Hurst, of the Town of Amherstburg, Ontario, DO HEREBY PROCLAIM the month of March 2012 NUTRITION MONTH in the Town of Amherstburg, Ontario.


Wayne Hurst, Mayor

